



Tai Chi in the Park

Grosse Pointe Shores

Tai Chi with Jennifer is fun, easy, & effective.

Starting September 12, 2016 for 6 weeks

Monday's @ 10:00 am

Tuesday's @ 6:15 pm

Wednesday's @ 10:00



Join us by registering at GPS Pool House



800 Lakeshore Dr.

\$45 for residents

\$50 for non-residents

www.jennifersilverston.com