

2017 Summer Class/Lesson Schedule

Morning Swim: 5:30 – 8:00 AM M-F

Registration 6/12 @ 4 pm at the park
Begins 6/19/17 – 8/25
Residents \$50
Non-residents \$70

Swim Lessons: 2 sessions

Registration 6/12 @ 4 pm at the park
Classes Begin 6/19
Residents \$40 for 2 week session

Session I : 6/19 – 6/30 M-F

Session II: 7/10 – 7/21 M-F

Level 1 & 2 10:30 - 11 and 11:15 – 11:45

Level 3 11- 11:45

Level 4 12- 12:45

Level 5 & 6 12 - 12:45

Tennis Lessons: 9 one week sessions

Registration 6/12 @ 4 pm at the park
Classes Begin 6/19
Residents \$30 per week
(must pay before the start of lesson)

10 & under 10 am M-F

11 & up 11 am M-F

Sessions: 6/19, 6/26, (7/3 \$25, no class 7/4), 7/10, 7/17, 7/24, 7/31, 8/7, 8/14

Aqua Zumba: 9 weeks (Low impact, high-energy) ** Replacing Water Aerobics

Registration 6/12 @ 4 pm at the park
Classes Begin 6/20
Residents \$70 for 9 weeks
Non-residents \$75 for 9 weeks

Tuesday Evening: 6:30 – 7:30 pm (6/19 – 8/25) No Classes week of July 4th

Thursday Evening: 6:30-7:30 pm

**** Instructor Jennifer Paczas and Jose' Esteves**

Tai Chi: 3 sessions 6 weeks each

Registration @ City Office
Classes Begin 6/5
Residents \$50 for 6 weeks
Non-residents \$55 for 6 weeks

Monday Mornings: 10 - 11 am

Tuesday Evenings: 6:15 – 7:15 pm

Wednesday Mornings: 10 – 11 am

Thursday Mornings: 10 – 11 am ** Balance Class

(6/5 – 7/21) No Classes week of July 3rd

(7/24 – 9/9) No Classes week of July 31st

(9/11 – 10/8)

**** Instructor Jennifer Silverston**

Adult Lifeguard Class: 2 weeks

Registration 6/12 @ 4 pm at the park.
Classes Begin 6/19
Residents \$
Non-residents \$

Monday – Thursday 6:30 am ??